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① 07505268465

Postal Address: Queens Road, Walthamstow,

29.02.2020

Fatima Elizabeth Phrontistery Annual Camp 2020

Location: Gilwell Park (Gilwell Ln, Waltham Abbey, London E4 7QW)

Thursday 20th August till Sunday 23rd August 2020

EMERGENCY CONTACTS	

Ustadh Hamid 2 07921847875

FEP Admin No.

2 07505268465





TENT - optional

for going home.

sleeping clothes

Spare pairs of socks

ESSENTIAL

Sleeping bag & Pillow -

in a labelled bin bag - a second

labelled bin bag is a good idea

A **small rucksack** containing your

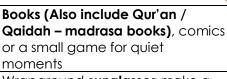
snacks, clothes and overnight

Sensible footwear to trek in the

forest such as trainers or boots

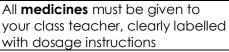
Warm fleece or hoodie / jacket

Checklist for Camping





Wraparound sunglasses make a big difference to hay fever sufferers



Waterproofs – Raincoat or poncho, just because it's summer doesn't mean it will be warm and

Night clothes – warm pyjamas or an old tracksuit would be perfect because it can get cold in the tents at night

Lots of **old warm clothes** – don't bring anything too precious because you will definitely end up getting dirty

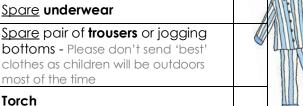












Wellington boots and old trainers

Water bottle or flask

Sun cream & Sun hat

A wash kit – including a towel, soap, toothpaste and toothbrush, and a **brush** or comb







tinyurl.com/FEPCAMP2020

Price: £120 | Deadline to sign up: Sunday 3rd May 2020



Terms and conditions

- The cost of the trip is £120 per person over the age of 7 years and also parents who would like to participate
- Money is non-refundable once paid
- The dates of stay are Thursday 20th August till Sunday 23rd August 2020
- Children must be aged 7 years and over, if any children under 7 are attending they will not be allowed to participate in campsite led activities. We will have internal activities for them and parents / carers will be responsible for them at all times.
- Fatima Elizabeth Phrontistery (FEP) reserves the right to refuse or cut short a child's trip if staff feel they are too unwell to continue or show major signs of distress whilst being in the care of FEP staff during the trip. It will be the responsibility of the parent / guardian to collect their child from the Gilwell Park camping site.
- All staff are DBS cleared
- Majority of the onsite staff are trained in Paediatric First Aid and some in First Aid.
- All parents are required to drop off their child/ren at:
 - Gilwell Park Gilwell Ln, Waltham Abbey, London E4 7QW
 - o on Thursday 20th August 2020
 - o pick up on Sunday 23rd August 2020
 - Drop off time and pick up timings to be confirmed closer to the time
- Spaces are limited and will strictly be on a first come first served basis and non-FEP siblings / cousins / friends can also apply

- If you would like to camp as a family and want your baby / toddler to participate alongside you then please come to the office to speak with Ustadha Nosheena or Ustadh
- Children must bring their own Tent (if you choose to camp outside otherwise they will be in the dorm – this needs to be clearly indicated on the online form) and sleeping bag, as we would like the students to be inspired from this journey to become lifelong learners from nature of which camping is a great platform
- You must provide appropriate clothes, coat/jacket and footwear for your child, we will be in the forest on wet land and sleeping overnight in tents in the open. Please don't send 'best' clothes as children will be outdoors most of the time.
- Checklist of recommended items (see attached)
- In the event of an emergency or your child becomes ill we will contact you and someone will need to come to collect your child from the **Gilwell Park Campsite**.
- Halal (HMC) Certified and vegetarian food option will be available for all participants
- Emergency points of contact whilst away on the trip are
 - o Ustadh Hamid 07921847875
 - Ustadha Nosheena 07984433288
 - o Admin Phone: 07505268465

Regarding your child/ren camping at the Gilwell Park Campsite

We are delighted that your child/ren will be camping with us during the start of the summer term. We hope this letter will provide you with more information about the Annual FEP Camping Trip.

Why do they come?

"Staying away for a few days or more is a powerful way of developing key life skills, building confidence, self-esteem, communication and team working."

Learning Outside the Classroom Manifesto DCSF

Earth and sky, woods and fields, lakes and rivers, the mountain and the sea, are excellent schoolmasters, and teach some of us more than we can ever learn from books.

John Lubbock

FEP uses Gilwell Park Campsite to cover areas of their holistic learning and also the National Curriculum, which cannot be done in an artificial learning space – the classroom. The students will have an enjoyable and valuable time, both educationally and for the social learning and excitement of being away from home and living with friends in a secure and happy environment. They will benefit most from a campsite infused with an Islamic spirit and ethos learning at every stage whilst having fun.

Where do they stay overnight or camp?

At the Gilwell Park Campsite (Gilwell Ln, Waltham Abbey, London E4 7QW) in the **Branchet Lodge**, Sleeps 56 (maximum eight beds per room). Complete with a separate group leader/teacher room and a large main hall. Available equipment includes internet, TV and sound system To see floor plan please check our madrasah Camping dedicated page: https://www.fatimaelizabethphrontistery.co.uk/fep-annual-camp-2020.html

Where do they sleep?

Students will have the choice of sleeping in the Branchet Lodge (preferred) or to sleep in their own tents, which they must bring

or share with a friend.. In the Lodge both genders will be segregated.

Who looks after the children?

Staff from FEP and FEScouts will be volunteering for the Camping Trip alongside other professional and trained staff who will be running activities. All adults onsite are DBS Checked. FEP staff and professional volunteer staff together look after the children, and provide constant supervision at all times during the camp. There are members of Gilwell Park staff on site 24 hours a day. The adults' tents / rooms are next to the children's and they take care of all their needs

As this is family camping we highly recommend parents to take part, you do not have to partake in activities but we recommend spending time with your children in some outdoor activities.

Medication

Please tell your mentor / teacher about any concerns that you have about your child and any medicines that might be needed. Please label medication clearly with your child's name and dosage instructions and give to the mentor / class teacher. Hay fever and asthma sufferers should come well prepared. All this must clearly be stated on the application form.

What do they eat?

Halal (HMC) Certified cooked meals are provided and we aim to cater for all requirements for health reasons or other, provided we are informed prior to the visit. You don't need to send extra rations with them, only a packed lunch for the first day. We will have a trained chef onsite with experienced volunteers.

What to bring?

Please see 'Camping Checklist' Attached overleaf