



Camping at Gilwell Park

(Gilwell Ln, Waltham Abbey, London E4 7QW)

Saturday 3rd August till Monday 5th August 2019

Date: 06.04.2019

EMERGENCY CONTACTS

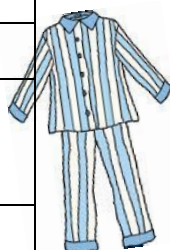
Ustadh Hamid	☎ 07921847875	Ustadha Nosheena	☎ 07984433288
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Checklist for Camping



TENT – optional	
Sleeping bag & Pillow – ESSENTIAL in a labelled bin bag - a second labelled bin bag is a good idea for going home.	
A small rucksack containing your snacks, clothes and overnight sleeping clothes	
Sensible footwear to trek in the forest such as trainers or boots	
Warm fleece or hoodie / jacket	
<u>Spare</u> pairs of socks	
<u>Spare</u> underwear	
<u>Spare</u> pair of trousers or jogging bottoms - Please don't send 'best' clothes as children will be outdoors most of the time	
Torch	
Wellington boots and old trainers	
Water bottle or flask	
Sun cream & Sun hat	
A wash kit – including a towel, soap, toothpaste and toothbrush, and a brush or comb	



Books (Also include Qur'an / Qaidah – madrasa books), comics or a small game for quiet moments

Wraparound **sunglasses** make a big difference to hay fever sufferers

All **medicines** must be given to your class teacher, clearly labelled with dosage instructions

Waterproofs – Raincoat or poncho, just because it's summer doesn't mean it will be warm and dry

Night clothes – warm pyjamas or an old tracksuit would be perfect because it can get cold in the tents at night

Lots of **old warm clothes** – don't bring anything too precious because you will definitely end up getting dirty



To Sign up to FEC Camping 2019 please visit the following page:

<http://tiny.cc/p8wu4y>

Price: £110 | Deadline to sign up: Friday 24th May 2019

Terms and conditions

- The cost of the trip is **£110 per person** over the age of 7 years and also parents who would like to participate
- Money is non-refundable once paid
- The dates of stay are Saturday 3rd August till Monday 5th August 2019
- Children must be aged 7 years and over
- FEC Academy reserves the right to refuse or cut short a child's trip if staff feel they are too unwell to continue or show major signs of distress whilst being in the care of FEC Academy staff during the trip. It will be the responsibility of the parent / guardian to collect their child from the Gilwell Park camping site.
- All staff are DBS cleared
- Majority of the onsite staff are trained in Paediatric First Aid and some in First Aid.
- All parents are required to drop off their child/ren at:
 - Gilwell Park - Gilwell Ln, Waltham Abbey, London E4 7QW
 - on Saturday 3rd August
 - pick up on Monday 5th August 2019
 - Drop off time and pick up timings to be confirmed closer to the times
- Spaces are limited and will strictly be on a first come first served basis and non-FEC siblings / cousins may be considered.
- If you would like to camp as a family and want your baby / toddler to participate alongside you then please come

to the office to speak with Ustadha Nosheena or Ustadh Hamid

- Children must bring their own Tent (if you choose to camp outside otherwise they will be in the dorm – this needs to be clearly indicated on the online form) and sleeping bag, as we would like the students to be inspired from this journey to become lifelong learners from nature of which camping is a great platform
- You must provide appropriate clothes, coat/jacket and footwear for your child, we will be in the forest on wet land and sleeping overnight in tents in the open. Please don't send 'best' clothes as children will be outdoors most of the time.
- **Checklist of recommended items (see attached)**
- In the event of an emergency or your child becomes ill we will contact you and someone will need to come to collect your child from the **Gilwell Park Campsite**.
- Halal (HMC) and vegetarian food option will be available for all participants
- Emergency points of contact whilst away on the trip are
 - Ustadh Hamid 07921847875
 - Ustadha Nosheena 07984433288
 - Admin Phone: 07505268465

Regarding your child/ren camping at the Gilwell Park Campsite

We are delighted that your child/ren will be camping with us during the start of the summer term. We hope this letter will provide you with more information about the Annual FEC Camping Trip.

Why do they come?

"Staying away for a few days or more is a powerful way of developing key life skills, building confidence, self-esteem, communication and team working."
Learning Outside the Classroom Manifesto DCSF

Earth and sky, woods and fields, lakes and rivers, the mountain and the sea, are excellent schoolmasters, and teach some of us more than we can ever learn from books.

John Lubbock

FEC Academy uses Gilwell Park Campsite to cover areas of their holistic learning and also the National Curriculum, which cannot be done in an artificial learning space – the classroom. The students will have an enjoyable and valuable time, both educationally and for the social learning and excitement of being away from home and living with friends in a secure and happy environment. They will benefit most from a campsite infused with an Islamic spirit and ethos learning at every stage whilst having fun.

Where do they stay overnight or camp?

At the Gilwell Park Campsite (Gilwell Ln, Waltham Abbey, London E4 7QW) in the **Jack Petchey Lodge**, which Sleeps 50 (maximum four beds per room) and all rooms are en suite. Complete with separate group leader/teacher room and a large main hall. Available equipment includes internet, video projector, DVD player, freeview and sound system. To see floor plan click the following link:
<https://www.scoutadventures.org.uk/sites/default/files/uploads/Jack%20Petchey%20Lodge.pdf>

Where do they sleep?

Students will have the choice of sleeping in the Jack Petchey Lodge (preferred) or to sleep in their own tents, which they must bring or share with a friend.. In the Lodge both genders will be segregated.

Who looks after the children?

Staff from FEC Academy will be volunteering for the Camping Trip alongside other professional and trained staff who will be running activities. All adults onsite are DBS Checked. FEC Academy staff and professional volunteer staff together look after the children, and provide constant supervision at all times during the camp. There are members of Gilwell Park staff on site 24 hours a day. The adults' tents / rooms are next to the children's and they take care of all their needs.

As this is family camping we highly recommend parents to take part, you do not have to partake in activities but we recommend spending time with your children in some outdoor activities.

Medication

Please tell your mentor / teacher about any concerns that you have about your child and any medicines that might be needed. Please label medication clearly with your child's name and dosage instructions and give to the mentor / class teacher. Hay fever and asthma sufferers should come well prepared. All this must clearly be stated on the application form.

What do they eat?

Halal (HMC) cooked meals are provided and we aim to cater for all requirements for health reasons or other, provided we are informed prior to the visit. You don't need to send extra rations with them, only a packed lunch for the first day. We will have a trained chef onsite with experienced volunteers.

What to bring?

Please see '**Camping Checklist**' Attached

Terms & Conditions – IMPORTANT

Please see '**Terms & Conditions**' sheet attached for parents to keep.

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